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# My Eye Surgery

Nirali Gandhi (14 years old)

Hi, my name is Nirali Gandhi and I am 14 years old. I want to talk about my recent eye surgery. On March 3rd I went to Kaiser Hospital on 7:00 at morning. I was there for my eye surgery. My eyelashes have always bothered me all the time. Because they were turned inward and it scratched my eyeballs. Name of surgery was Blepharoplasty and Eyelid Ptosis repair. My doctor's name is Dr. Amato. She is a nice person and gentle.

We waited in surgery waiting room. Then I went to the dressing room and changed into the hospital gown. I followed the nurse and she took my blood pressure and temperature. She poked the needle into my vein for the IV. Dr. Amato came to talk to me and my parents. After that they took me to the surgery room. They put the mask on my mouth and my nose. They put me to sleep. Dr. Amato cut my upper eyelid and put stitches on them. After the surgery, I woke up and the room looked blurry around me. The nurse wheeled me to another room. My mom and dad met me there. I was sad and I was crying. My mom was sad too.

The nurse gave me popsicle and apple juice. My eyes were so swollen. The nurse put the ice pack over my

eyes. Afterwards when I was feeling better, I changed my clothes. And my parents took me home. At home my mom and my dad take care of me putting ice pack and putting ointment over my eyelids and putting eye drops. It has been two weeks since my surgery. My eyes are feeling much better now, even though there is lots of itching on my stitches. Yesterday I went to see Dr. Amato. She said I was healing well.

I drink the Haldi (turmeric) milk twice a day to get better fast.

## Recipe for making Turmeric Milk

Here's what to do

1. Pour the milk into the cup
2. Warm the milk
3. Put half spoon of turmeric powder in it
4. Put sugar in it
5. Put ghee in it
6. Stir it
7. Drink it
8. Enjoy drinking and give it to your family too.

